

Case Study

Holiday Care

Meet David

David* is 79 years old and lives in sheltered housing in the Birmingham area. As quite a reclusive gentleman, David has no close friends and lost touch with his family many years ago. As a result of his old age, David is quite frail and has to use a frame and a wheelchair to get around. In addition, he is an insulin dependent diabetic. Whilst David is very independent with everyday living, he does need support when outside of his normal home environment.

With a strong desire to travel, David knew that if he wanted to take the holiday he had been longing for, he was going to need the support of a healthcare professional. After consulting advisors at his Sheltered Housing Scheme, they contacted us to see if we could help.

David's care requirements

David had decided he would like to visit Cornwall for one week. He had never previously been able to go on holiday and therefore was keen to explore other parts of the UK before setting his sights on somewhere further afield.

Upon receiving the Sheltered Housing Scheme's enquiry, Interserve Healthcare went to visit David in his home to carry out a care assessment, identifying his specific care requirements. His care needs include medication prompts, blood sugar level checks, including administering insulin where necessary, and general support with mobility.

Details of David's personality, preferences and wishes for his holiday were noted and a suitable Carer was selected. We were able to provide David with the opportunity to meet with his Carer, Tom*, to ensure he was completely happy. As part of the service, Tom received training specific to David's condition and was also trained to carry out on-going risk assessments, ensuring he was able to assess every environment whilst on their travels to ensure David's safety.

How we helped David

David was able to go on his dream holiday with the reassurance of knowing Tom was there with him, ensuring he was completely safe. They travelled to Cornwall with a reputable coach company, and Tom made sure David was comfortable throughout the journey. Tom stayed in an adjoining hotel room during their stay and was on hand to provide support whenever necessary.

With the support of our holiday care service, David was able to participate in many wonderful activities including days out at the Eden Project, boat trips out at sea, as well as being able to enjoy the evening entertainment at the hotel.

Since this initial stay, David has been on a number of holidays with the support of Interserve Healthcare and is thoroughly enjoying his newly found freedom. He is currently planning his next trip away and is considering overseas locations.

**Names have been changed for confidentiality.*